# Morningstar CFS FC Defensive (FirstChoice Managed Account Range: Defensive)





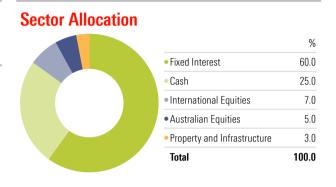
### **Monthly Performance Update**

As of 31/07/2024

**Benchmark:** Morningstar Category Average - Multisector Conservative

Inception Date: 27/09/2021

Trailing Returns						
	1 M	3 Ms	6 Ms	1 Yr	3 Yrs	Since Inc.
Morningstar CFS Defensive	1.49	2.57	2.65	5.37		1.21
Morningstar CFS Defensive Pension	1.69	2.91	3.03	6.17		1.44
Category Average Multisector Conservative	1.23	2.59	2.99	5.90	1.24	1.48
Category Average Multisector Conservative Pension	1.37	2.57	2.92	6.14	1.00	1.25



Past performance is not a reliable indicator of future performance. Category Average inception returns based on first full month of performance.

#### **Holdings**

<del>-</del>						
	1 Mth	3 Mth	6 Mth	1 Year	3 Years	5 Years
Fixed Interest						
CFS FC W PSup-Western Asset Aust Bond	1.36	2.53	1.38	4.34		
CFS FC W PSup-PIMCO Global Bond	1.54	2.93	1.88	4.94	-2.13	-0.44
CFS FC W PSup-JH Tactical Income	1.36	2.15	2.45	5.70		
CFS FC W PSup-Bentham Global Income	2.31	3.40	2.94	8.91		
Cash						
CFS FC W PSup-FSI Strategic Cash	0.32	0.99	1.94	3.95	2.28	1.53
International Equities						
CFS FC W PSup-MFS Global Equity	4.72	4.00	5.18	8.67	3.76	7.29
CFS FC W PSup-T Rowe Price Glb Eq-Hgd	-0.39	5.78	11.85	13.70		
Australian Equities						
CFS FC W PSup-Fidelity Aust Equities	2.87	3.70	6.41	7.95	4.99	6.86
Property and Infrastructure						
CFS FC W PSup-Magellan Infrastructure	5.46	5.85	4.90	4.45	2.06	1.26

<sup>\*</sup> An individual investor's performance will differ from the modelled performance depending on factors such as transaction timing, actual management fees, whether income is paid and any divergence from model portfolio weighting. Returns are calculated on an annualised basis using exit price to exit price with distributions reinvested, net of management costs, transaction costs and for FirstChoice Wholesale Personal Super and FirstChoice Employer Super net of tax payable by the trustee All return calculations exclude contribution surcharge, excess contribution tax or individual taxes payable by the investor and all other fees and rebates disclosed in the relevant Product Disclosure Statements.

This document is issued by Morningstar Investment Management Australia Limited (ABN 54 071 808 501,AFS Licence No. 228986) ('Morningstar'). © 2023 Copyright of this document is owned by Morningstar and any related bodies corporate that are involved in the document's creation. As such the document, or any part of it, should not be copied, reproduced, scanned or embodied in any other document or distributed to another party without the prior written consent of Morningstar. The information provided is for general use only. In compiling this document, Morningstar has relied on information and data supplied by third parties including information providers (such as Standard and Poor's, MSCI,Barclays, FTSE). Whilst all reasonable care has been taken to ensure the accuracy of information provided, neither Morningstar nor its third parties accept responsibility for any inaccuracy or for investment decisions or any other actions taken by any person on the basis or context of the information included. Past performance is not a reliable indicator of future performance borningstar loss not guarantee the performance of any investment of the return of capital. Morningstar wans that (a) Morningstar has not consider whether the advice is appropriate in light of their goals, objectives and current situation. Refer to our Financial Services

# Morningstar CFS FC Conservative (FirstChoice Managed Account Range: Conservative)





#### **Monthly Performance Update**

As of 31/07/2024

**Benchmark:** Morningstar Category Average - Multisector Moderate

Inception Date: 27/09/2021

### Trailing Returns

	1 M	3 Ms	6 Ms	1 Yr	3 Yrs	Since Inc.
Morningstar CFS Conservative	1.77	2.92	3.35	6.06		1.71
Morningstar CFS Conservative Pension	1.97	3.27	3.78	6.90		1.98
Category Average Multisector Moderate	1.46	2.75	3.53	6.46	1.96	2.12
Category Average Multisector Moderate Pension	1.66	3.01	3.70	6.88	2.37	2.62



Past performance is not a reliable indicator of future performance. Category Average inception returns based on first full month of performance.

#### **Holdings**

	1 Mth	3 Mth	6 Mth	1 Year	3 Years	5 Years
Fixed Interest						
CFS FC W PSup-Western Asset Aust Bond	1.36	2.53	1.38	4.34		
CFS FC W PSup-PIMCO Global Bond	1.54	2.93	1.88	4.94	-2.13	-0.44
CFS FC W PSup-JH Tactical Income	1.36	2.15	2.45	5.70		
CFS FC W PSup-Bentham Global Income	2.31	3.40	2.94	8.91		
Cash						
CFS FC W PSup-FSI Strategic Cash	0.32	0.99	1.94	3.95	2.28	1.53
International Equities						
CFS FC W PSup-MFS Global Equity	4.72	4.00	5.18	8.67	3.76	7.29
CFS FC W PSup-T Rowe Price Glb Eq-Hgd	-0.39	5.78	11.85	13.70		
Australian Equities						
CFS FC W PSup-Fidelity Aust Equities	2.87	3.70	6.41	7.95	4.99	6.86
CFS FC W PSup-Schroder Australian Equity	2.97	2.30	4.47	8.23	8.10	7.35
Property and Infrastructure						
CFS FC W PSup-Magellan Infrastructure	5.46	5.85	4.90	4.45	2.06	1.26
CFS FC W PSup-ResCap Global Prop Sec	4.28	7.30	6.88	6.87		

<sup>\*</sup>An individual investor's performance will differ from the modelled performance depending on factors such as transaction timing, actual management fees, whether income is paid and any divergence from model portfolio weighting. Returns are calculated on an annualised basis using exit price to exit price with distributions reinvested, net of management costs, transaction costs and for FirstChoice Wholesale Personal Super and FirstChoice Employer Super net of tax payable by the trustee All return calculations exclude contribution surcharge, excess contribution tax or individual taxes payable by the investor and all other fees and rebates disclosed in the relevant Product Disclosure Statements.

This document is issued by Morningstar Investment Management Australia Limited (ABN 54 071 808 501,AFS Licence No. 228986) ('Morningstar'). ©2023 Copyright of this document is owned by Morningstar and any related bodies corporate that are involved in the document's creation. As such the document, or any part of it, should not be copied, reproduced, scanned or embodied in any other document or distributed to another party without the prior written consent of Morningstar. The information provided is for general use only. In compiling this document, Morningstar has relied on information and data supplied by third parties including information providers (such as Standard and Poor's, MSCI,Barclays, FTSE). Whilst all reasonable care has been taken to ensure the accuracy of information provided, neither Morningstar nor its third parties accept responsibility for any inaccuracy or for investment decisions or any other actions taken by any person on the basis or context of the information included. Past performance is not a reliable indicator of future performance. Morningstar does not guarantee the performance of any investment decisions or any other actions taken by any person on the basis or context of the information included. Past performance is not a reliable indicator of future performance. Morningstar does not guarantee the

# Morningstar CFS FC Moderate (FirstChoice Managed Account Range: Moderate)





### **Monthly Performance Update**

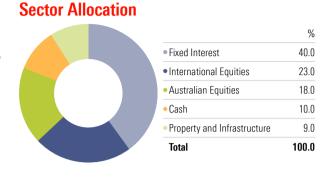
As of 31/07/2024

**Benchmark:** Morningstar Category Average - Multisector Balanced

**Inception Date**: 27/09/2021

### Trailing Returns

	1 M	3 Ms	6 Ms	1 Yr	3 Yrs	Since Inc.
Morningstar CFS Moderate	2.14	3.53	4.36	6.93		2.61
Morningstar CFS Moderate Pension	2.35	3.91	4.86	7.79		2.96
Category Average Multisector Balanced	1.87	3.59	4.81	8.13	3.03	3.22
Category Average Multisector Balanced Pension	2.17	3.96	5.29	8.94	3.68	3.93



Past performance is not a reliable indicator of future performance. Category Average inception returns based on first full month of performance.

#### **Holdings**

	1 Mth	3 Mth	6 Mth	1 Year	3 Years	5 Years
Fixed Interest						
CFS FC W PSup-Western Asset Aust Bond	1.36	2.53	1.38	4.34		
CFS FC W PSup-PIMCO Global Bond	1.54	2.93	1.88	4.94	-2.13	-0.44
CFS FC W PSup-JH Tactical Income	1.36	2.15	2.45	5.70		
CFS FC W PSup-Bentham Global Income	2.31	3.40	2.94	8.91		
International Equities						
CFS FC W PSup-MFS Global Equity	4.72	4.00	5.18	8.67	3.76	7.29
CFS FC W PSup-T Rowe Price Glb Eq-Hgd	-0.39	5.78	11.85	13.70		
CFS FC W PSup-Barrow Hanley Global Share	5.26	3.33	8.87	9.75	7.76	8.82
CFS FC W PSup-CFS Index Global Shr-Hgd	1.07	6.51	11.30	15.21	5.49	9.38
CFS FC W PSup-GQG Partners Glb Equity	-0.09	4.25	13.47	28.12		
Australian Equities						
CFS FC W PSup-Fidelity Aust Equities	2.87	3.70	6.41	7.95	4.99	6.86
CFS FC W PSup-Schroder Australian Equity	2.97	2.30	4.47	8.23	8.10	7.35
CFS FC W PSup-Investors Mutual Aust Shr	3.82	5.45	4.33	7.71	7.17	5.24
Cash						
CFS FC W PSup-FSI Strategic Cash	0.32	0.99	1.94	3.95	2.28	1.53
Property and Infrastructure						
CFS FC W PSup-Magellan Infrastructure	5.46	5.85	4.90	4.45	2.06	1.26
CFS FC W PSup-ResCap Global Prop Sec	4.28	7.30	6.88	6.87		

<sup>\*</sup> An individual investor's performance will differ from the modelled performance depending on factors such as transaction timing, actual management fees, whether income is paid and any divergence from model portfolio weighting. Returns are calculated on an annualised basis using exit price to exit price with distributions reinvested, net of management costs, transaction costs and for FirstChoice Wholesale Personal Super and FirstChoice Employer Super net of tax payable by the trustee. All return calculations exclude contribution surcharge, excess contribution tax or individual taxes payable by the investor and all other fees and rebates disclosed in the relevant Product Disclosure Statements.

This document is issued by Morningstar Investment Management Australia Limited (ABN 54 071 808 501,AFS Licence No. 228986) ("Morningstar"). © 2023 Copyright of this document is owned by Morningstar and any related bodies corporate that are involved in the document's creation. As such the document, or any part of it, should not be copied, reproduced, scanned or embodied in any other document or distributed to another party without the prior written consent of Morningstar. The information provided is for general use only. In compiling this document, Morningstar has relied on information and data supplied by third parties including information providers (such as Standard and Poor's, MSCI, Barclays, FTSE). Whilst all reasonable care has been taken to ensure the accuracy of information provided, neither Morningstar nor its third parties accept responsibility for any inaccuracy or for investment decisions or any other actions taken by any person on the basis or context of the information included. Past performance is not a reliable indicator of future performance. Morningstar does not guarantee the performance of any investment or the return of capital. Morningstar warns that (a) Morningstar has not considered any individual person's objectives, financial situation or particular needs, and (b) individuals should seek advice and consider whether the advice is appropriate in light of their goals, objectives and current situation. Refer to our Financial Services Guide (FSG) for more information at morningstarinvestments.com.au/fsg. Before making any decision about whether to invest in a financial product, individuals should obtain and consider the relevant disclosure document and the Tarcet Market Determination (TMD).

# Morningstar CFS FC Balanced (FirstChoice Managed Account Range: Balanced)





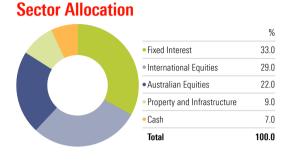
### **Monthly Performance Update**

As of 31/07/2024

Benchmark: Morningstar Category Average - Multisector 50% Balanced/50% Growth

Inception Date: 27/09/2021

Trailing Returns						
	1 M	3 Ms	6 Ms	1 Yr	3 Yrs	Since Inc.
Morningstar CFS Balanced	2.18	3.66	5.09	7.34		3.00
Morningstar CFS Balanced Pension	2.37	4.02	5.64	8.21		3.37
Category Average: 50% Balanced/50% Growth	2.05	3.75	5.33	8.85		3.65
Category Average: 50% Balanced/50% Growth Pension	2.32	4.20	5.84	9.71		4.09



Past performance is not a reliable indicator of future performance. Category Average inception returns based on first full month of performance.

#### **Holdings**

Totalingo						
	1 Mth	3 Mth	6 Mth	1 Year	3 Years	5 Years
Fixed Interest						
CFS FC W PSup-Western Asset Aust Bond	1.36	2.53	1.38	4.34		
CFS FC W PSup-PIMCO Global Bond	1.54	2.93	1.88	4.94	-2.13	-0.44
CFS FC W PSup-Bentham Global Income	2.31	3.40	2.94	8.91		
CFS FC W PSup-JH Tactical Income	1.36	2.15	2.45	5.70		
CFS FC W PSup-Colchester Glb Gov Bond	1.58	2.68	0.03	1.25	-2.44	
International Equities						
CFS FC W PSup-T Rowe Price Glb Eq-Hgd	-0.39	5.78	11.85	13.70		
CFS FC W PSup-MFS Global Equity	4.72	4.00	5.18	8.67	3.76	7.29
CFS FC W PSup-Barrow Hanley Global Share	5.26	3.33	8.87	9.75	7.76	8.82
CFS FC W PSup-CFS Index Global Shr-Hgd	1.07	6.51	11.30	15.21	5.49	9.38
CFS FC W PSup-GQG Partners Glb Equity	-0.09	4.25	13.47	28.12		
CFS FC W PSup-Pendal Glb Emerg Mkt Opp	0.93	0.10	10.22	3.67	1.58	3.70
Australian Equities						
CFS FC W PSup-Fidelity Aust Equities	2.87	3.70	6.41	7.95	4.99	6.86
CFS FC W PSup-Schroder Australian Equity	2.97	2.30	4.47	8.23	8.10	7.35
CFS FC W PSup-Investors Mutual Aust Shr	3.82	5.45	4.33	7.71	7.17	5.24
Property and Infrastructure						
CFS FC W PSup-Magellan Infrastructure	5.46	5.85	4.90	4.45	2.06	1.26
CFS FC W PSup-ResCap Global Prop Sec	4.28	7.30	6.88	6.87		
Cash						
CFS FC W PSup-FSI Strategic Cash	0.32	0.99	1.94	3.95	2.28	1.53

<sup>\*</sup> An individual investor's performance will differ from the modelled performance depending on factors such as transaction timing, actual management fees, whether income is paid and any divergence from model portfolio weighting. Returns are calculated on an annualised basis using exit price to exit price with distributions reinvested, net of management costs, transaction costs and for FirstChoice Wholesale Personal Super and FirstChoice Employer Super net of tax payable by the trustee. All return calculations exclude contribution surcharge, excess contribution tax or individual taxes payable by the investor and all other fees and rebates disclosed in the relevant Product Disclosure Statements

This document is issued by Morningstar Investment Management Australia Limited (ABN 54 071 808 501,AFS Licence No. 228986) ('Morningstar'). ©2023 Copyright of this document is owned by Morningstar and any related bodies corporate that are involved in the document's creation. As such the document, or any part of it, should not be copied, reproduced, scanned or embodied in any other document or distributed to another party without the prior written consent of Morningstar. The information provided is for general use only. In compiling this document, Morningstar has relied on information and data supplied by third parties including information providers (such as Standard and Poor's, MSCI, Barclays, FTSE). Whilst all reasonable care has been taken to ensure the accuracy of information provided, neither Morningstar nor its third parties accept responsibility for any inaccuracy or for investment decisions or any other actions taken by any person on the basis or context of the information included. Past performance is not a reliable indicator of future performance. Morningstar does not guarantee the performance of any investment or the return of capital. Morningstar warns that (a) Morningstar has not considered any individual person's objectives, financial situation or particular needs, and (b) individuals should seek advice and consider whether the advice is appropriate in light of their goals, objectives and current situation. Refer to our Financial Services Guide (FSG) for more information at morningstarinvestments.com.au/fsg. Before making any decision about whether to invest in a financial product, individuals should obtain and consider the relevant disclosure document and the Target Market Determination (TMD).

# Morningstar CFS FC Growth (FirstChoice Managed Account Range: Growth)





### **Monthly Performance Update**

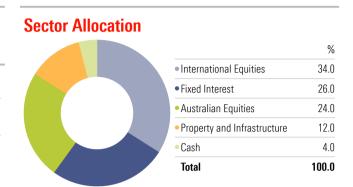
As of 31/07/2024

Benchmark: Morningstar Category Average - Multisector Growth

Inception Date: 27/09/2021

#### **Trailing Returns** Since 1 Yr 3 Yrs 1 M 3 Ms 6 Ms Inc. Morningstar CFS Growth 2.39 3.92 5.74 8.06 3.21 Morningstar CFS Growth Pension 4.29 6.36 8.97 3.58 Category Average Multisector Growth 2.22 4.15 6.12 9.96 4.70 4.93 Category Average Multisector Growth Pension 2 47 4.52 6.60 10.73 5.32 5.59





#### **Holdings**

Troidings						
	1 Mth	3 Mth	6 Mth	1 Year	3 Years	5 Years
International Equities						
CFS FC W PSup-T Rowe Price Glb Eq-Hgd	-0.39	5.78	11.85	13.70		
CFS FC W PSup-MFS Global Equity	4.72	4.00	5.18	8.67	3.76	7.29
CFS FC W PSup-Barrow Hanley Global Share	5.26	3.33	8.87	9.75	7.76	8.82
CFS FC W PSup-CFS Index Global Shr-Hgd	1.07	6.51	11.30	15.21	5.49	9.38
CFS FC W PSup-GQG Partners Glb Equity	-0.09	4.25	13.47	28.12		
CFS FC W PSup-Pendal Glb Emerg Mkt Opp	0.93	0.10	10.22	3.67	1.58	3.70
Fixed Interest						
CFS FC W PSup-Western Asset Aust Bond	1.36	2.53	1.38	4.34		
CFS FC W PSup-PIMCO Global Bond	1.54	2.93	1.88	4.94	-2.13	-0.44
CFS FC W PSup-Bentham Global Income	2.31	3.40	2.94	8.91		
CFS FC W PSup-JH Tactical Income	1.36	2.15	2.45	5.70		
Australian Equities						
CFS FC W PSup-Fidelity Aust Equities	2.87	3.70	6.41	7.95	4.99	6.86
CFS FC W PSup-Schroder Australian Equity	2.97	2.30	4.47	8.23	8.10	7.35
CFS FC W PSup-Investors Mutual Aust Shr	3.82	5.45	4.33	7.71	7.17	5.24
CFS FC W PSup-FSI Aust Small Companies	4.64	4.30	4.93	5.64	1.96	8.27
Property and Infrastructure						
CFS FC W PSup-Magellan Infrastructure	5.46	5.85	4.90	4.45	2.06	1.26
CFS FC W PSup-Ironbark Property Sec	4.66	6.42	11.47	23.53	6.01	5.93
CFS FC W PSup-ResCap Global Prop Sec	4.28	7.30	6.88	6.87		
Cash						
CFS FC W PSup-FSI Strategic Cash	0.32	0.99	1.94	3.95	2.28	1.53

<sup>\*</sup>An individual investor's performance will differ from the modelled performance depending on factors such as transaction timing, actual management fees, whether income is paid and any divergence from model portfolio weighting. Returns are calculated on an annualised basis using exit price to exit price with distributions reinvested, net of management costs, transaction costs and for FirstChoice Wholesale Personal Super and FirstChoice Employer Super net of tax payable by the trustee. All return calculations exclude contribution surcharge, excess contribution tax or individual taxes payable by the investor and all other fees and rebates disclosed in the relevant Product Disclosure Statements.

This document is issued by Morningstar Investment Management Australia Limited (ABN 54 071 808 501,AFS Licence No. 228986) ('Morningstar'). © 2023 Copyright of this document is owned by Morningstar and any related bodies corporate that are involved in the document's creation. As such the document, or any part of it, should not be copied, reproduced, scanned or embodied in any other document or distributed to another party without the prior written consent of Morningstar. The information provided is for general use only. In compiling this document, Morningstar has relied on information and data supplied by third parties including information providers (such as Standard and Poor's, MSCI, Barclays, FTSE). Whilst all reasonable care has been taken to ensure the accuracy of information provided, neither Morningstar nor its third parties accept responsibility for any inaccuracy or for investment decisions or any other actions taken by any person on the basis or context of the information included. Past performance is not a reliable indicator of future performance. Morningstar does not guarantee the performance of any investment or the return of capital. Morningstar warns that (a) Morningstar has not considered any individual person's objectives, financial situation or particular needs, and (b) individuals should seek advice and

# Morningstar CFS FC High Growth (FirstChoice Managed Account Range: High Growth)





### **Monthly Performance Update**

As of 31/07/2024

**Benchmark:** Morningstar Category Average - Multisector Aggressive

**Inception Date**: 27/09/2021

# Trailing Returns 1 M 3 Ms 6 Ms 1 Yr 3 Yrs Since Inc.

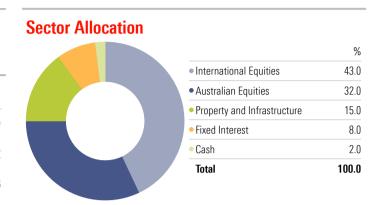
 Morningstar CFS High Growth
 2.61
 4.31
 6.81
 8.82
 3.67

 Morningstar CFS High Growth Pension
 2.80
 4.68
 7.51
 9.74
 4.06

 Category Average Multisector Aggressive
 2.37
 4.72
 7.61
 11.91
 5.84
 6.04

Category Average Multisector Aggressive Pension 2.85 5.24 8.33 13.01 6.76 7.06

Past performance is not a reliable indicator of future performance. Category Average inception



#### **Holdings**

returns based on first full month of performance.

Holamgo						
	1 Mth	3 Mth	6 Mth	1 Year	3 Years	5 Years
International Equities						
CFS FC W PSup-T Rowe Price Glb Eq-Hgd	-0.39	5.78	11.85	13.70		
CFS FC W PSup-MFS Global Equity	4.72	4.00	5.18	8.67	3.76	7.29
CFS FC W PSup-GQG Partners Glb Equity	-0.09	4.25	13.47	28.12		
CFS FC W PSup-Barrow Hanley Global Share	5.26	3.33	8.87	9.75	7.76	8.82
CFS FC W PSup-CFS Index Global Shr-Hgd	1.07	6.51	11.30	15.21	5.49	9.38
CFS FC W PSup-Pendal Glb Emerg Mkt Opp	0.93	0.10	10.22	3.67	1.58	3.70
Australian Equities						
CFS FC W PSup-Fidelity Aust Equities	2.87	3.70	6.41	7.95	4.99	6.86
CFS FC W PSup-Schroder Australian Equity	2.97	2.30	4.47	8.23	8.10	7.35
CFS FC W PSup-Investors Mutual Aust Shr	3.82	5.45	4.33	7.71	7.17	5.24
CFS FC W PSup-FSI Aust Small Companies	4.64	4.30	4.93	5.64	1.96	8.27
Property and Infrastructure						
CFS FC W PSup-Magellan Infrastructure	5.46	5.85	4.90	4.45	2.06	1.26
CFS FC W PSup-ResCap Global Prop Sec	4.28	7.30	6.88	6.87		
CFS FC W PSup-Ironbark Property Sec	4.66	6.42	11.47	23.53	6.01	5.93
Fixed Interest						
CFS FC W PSup-PIMCO Global Bond	1.54	2.93	1.88	4.94	-2.13	-0.44
CFS FC W PSup-Western Asset Aust Bond	1.36	2.53	1.38	4.34		
Cash						
CFS FC W PSup-FSI Strategic Cash	0.32	0.99	1.94	3.95	2.28	1.53

<sup>\*</sup> An individual investor's performance will differ from the modelled performance depending on factors such as transaction timing, actual management fees, whether income is paid and any divergence from model portfolio weighting. Returns are calculated on an annualised basis using exit price to exit price with distributions reinvested, net of management costs, transaction costs and for FirstChoice Wholesale Personal Super and FirstChoice Employer Super net of tax payable by the trustee All return calculations exclude contribution surcharge, excess contribution tax or individual taxes payable by the investor and all other fees and rebates disclosed in the relevant Product Disclosure Statements.

This document is issued by Morningstar Investment Management Australia Limited (ABN 54 071 808 501,AFS Licence No. 228986) (Morningstar). © 2023 Copyright of this document is owned by Morningstar and any related bodies corporate that are involved in the document's creation. As such the document, or any part of it, should not be copied, reproduced, scanned or embodied in any other document or distributed to another party without the prior written consent of Morningstar. The information provides is for general use only. In compiling this document, Morningstar has relied on information and data supplied by third parties including information providers (such as Standard and Poor's, MSCI,Barclays, FTSE). Whilst all reasonable care has been taken to ensure the accuracy of information provided, neither Morningstar nor its third parties accept responsibility for any inaccuracy or for investment decisions or any other actions taken by any person on the basis or context of the information included. Past performance is not a reliable indicator of future performance. Morningstar does not guarantee the performance of any investment or the return of capital. Morningstar warns that (a) Morningstar has not considered any individual person's objectives, financial situation or particular needs, and (b) individuals should seek advice and con